

PRESS RELEASE
December 2010

piano-yoga®



FREE Piano- Yoga® Workshop for EPTA Members!

**Sign up for tickets now and try
Piano-Yoga® for yourself
learning from the creator
GéNIA!**

Russian pianist and educator GéNIA will highlight the foundation of the Piano-Yoga® method and demonstrate exercises from her book. This multi-dimensional method combines the fundamentals of Russian piano schools with eastern philosophies, particularly yoga. The aims are to focus your piano practice, improve concentration, build strength, establish good posture, and conquer performance nerves.

“Transform Your Hands” is a comprehensive course which:

- Improves the quality of piano playing
- Increase flexibility and build up strength in the fingers
- Provides an easy warm-up routine
- Focuses on a player’s well-being, body and mind
- Complements any style of tuition and playing
- Provides an efficient way of generating long-term tuition

Date

Sunday 12 December 2010

Location

Schott Music Concert Hall, 48 Great Marlborough Street, London W1

Admission

Free to all members of EPTA who register in advance. There would be a small number of tickets available for non-members. Follow the link for tickets:

https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=R62P5JAPWDLH2

Contact

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VISIT THE WEBSITE:

www.piano-yoga.com

READ GÉNIA's BLOG:

www.genia-music.com/blog/

DOWNLOAD FREE LEARNING RESOURCES:

www.piano-yoga.com/free-resources/articles/php