

Testimonials

"GÉNIA is one of the most exciting, dynamic and daring pianists I've met in recent years. Her approach to the development of piano technique and personal development are both highly effective and original, combining the Russian tradition with a modern musical outlook. I recommend the **Piano-Yoga®** course most highly."

Douglas Finch, Professor of Piano and Composition, Trinity College of Music, London

"**Piano-Yoga®** is a unique method that really transforms fingers and hands. If followed correctly hands feel much bigger, and people can play a much wider repertoire. Once it is available I would recommend that all my students use it."

Richard Harris, piano teacher, composer, arranger and author

"**Piano-Yoga®** is more than a book of exercises. It is a holistic approach focusing on all aspects of performance and the performer. The exercises increase strength and coordination between different parts of the finger and hand, but also focus on the complex relationship between the whole body and mind in the act of performance. This approach focuses on the fundamentals of all music making and is not reserved for GÉNIA's advanced, but for all of her, students."

Ian Grundy, pianist, piano teacher and composer

"**Piano-Yoga®** helped me release tension, and simply concentrate on playing the piano. GÉNIA's approach to tuition makes practice a pleasure."

Jamie Telford, composer

"I am so impressed by the **Piano-Yoga®** exercises. By doing them regularly I have noticed it allows me to stretch my hands more and more and my span on the piano is continuously increasing. I notice changes on a weekly basis. I highly recommend these exercises to everyone who wants to increase their hand span and it's flexibility. As a yoga practitioner I particularly enjoyed the breathing together with the piano exercises – I find it incredibly relaxing."

Elisabeth Scheder-Bieschin, photographer

"I have found the gentle and easy exercises in **Piano-Yoga®** helped me focus my whole self towards my practice, centering and calming me at the beginning of my practice session, thereby enabling me to concentrate more during practice. **Piano-Yoga®** exercises have helped me develop strength and flexibility in my fingers, which is essential for beginners like me."

Julius Beltrame, former Director of Operations, Europe Telecommunication Systems Ltd.

"After eight years of formal piano lessons and twelve years of not playing, the idea of starting again made me very nervous. Based on my previous old school experience, I expected to have to spend months playing scales and technical exercises before being able to enjoy playing to my old standard. GéNIA's **Piano-Yoga**® was a real revelation to me. In a few weeks I was already playing a lot of my old repertoire. I highly recommend **Piano-Yoga**® to busy people who wish to get the most out of their practice time."

Aiman Mukanova, Commodities Structurer & Marketer, Standard Bank Plc.

"My ten year-old son had been studying the piano for two years before he started a weekly lesson with GéNIA. After only six weeks his performance was transformed. A few weeks later he gave a short recital at his school and received an unprecedented standing ovation from staff and pupils."

Max Gammon, private medical consultant

"When using GéNIA's **Piano-Yoga**® the piano, musical score, and I become one entity. A oneness that is greatly challenging to find elsewhere in our everyday lives ... it provides me with a moment's peace in an otherwise rapidly moving modern world."

Zuzia Wieczorek, BA graduate, School of Oriental and African Studies, London

"My students are performing soon and I would love to know a list of the "good and bad" food choices for performance. Also, please let me know when your book comes out. I loved your presentation. Everything made so much sense. Thanks again."

Denise Apodaca, piano teacher, USA

"In supporting and participating in GéNIA's masterclasses I can vouchsafe for her passion and commitment to piano teaching and performance at the highest level. GéNIA is an outstanding and versatile musician with a warm engaging personality. As a coach, her sense of humour and enthusiasm encourages participation and response inspiring confidence at whatever stage of playing. Allowing students to feel relaxed is part of her magic along with focus and imaginative interpretation; bringing out the best in them with consummate patience and skill."

Simon Markson, Managing Director of Markson Pianos

"I have been a visiting student at the Guildhall School of Music for many years and one of my piano teachers after the Guildhall was a pupil of Vlado Perlmutter; more recently I have been studying with some outstanding cello teachers. However GéNIA is absolutely the finest teacher of any musical instrument I have encountered in 60 years. GéNIA makes absolutely clear the hierarchical relationship between mental processes, bodily action and artistic effect. Her strong interest in Yoga over recent years has added a further dimension to her ability to inspire pupils through a deeper understanding of how sound is controlled, freely and without pain or strain, at the keyboard."

Michael Bird, retired publisher

Reviews

"This is a book for a lifetime of healthy piano playing! ... This book gets 5 stars from me!"

Nancy Lee Harper, EPTA's Piano Journal No.89

"Nothing is more striking than GÉNIA's Piano-Yoga set-up"

Piano Magazine, UK

"...an outstanding musician... she knows how to communicate with her audience, and has the virtuosity that marks her out as a natural pianist."

The Times, UK

"a musical gem ... a thrilling and intoxicating experience..."

Chopin Magazine, Japan

"GÉNIA manages to find a platform for contemporary compositions whilst giving historic pieces a fresh airing "

Financial Times, 'Life & Arts Section', UK

"... one to watch..."

The Observer, UK

"...hair-raising virtuosity..."

EPTA Piano Journal, UK